

Birth Information Questionnaire Notes

(to be filled out during our 1st prenatal meeting - all others to be filled out before our 1st prenatal meeting)

Stripping or sweeping your membranes _____

Induced labor _____

Pitocin augmentation _____

Artificial rupture of membranes _____

Wearing a hospital gown _____

Routine IV during labor and birth _____

Not being allowed to eat and/or drink during labor _____

Narcotic pain relief _____

Epidural _____

Urinary catheter _____

Continuous external fetal monitoring _____

Internal contraction monitoring (not a choice) _____

Internal fetal scalp monitoring (not a choice) _____

Breath holding (purple) pushing _____

Pushing in the supine position (on your back) _____

Perineal stretching (hands in vs. hands off) _____

Episiotomy _____

Perineal tear (*this is not a procedure*) _____

Vacuum extractor or forceps delivery _____

Surgical birth (Cesarean) WITHOUT your doula _____

Early cord clamping (before cord stops pulsating) _____

Deep suctioning of baby's airways _____

Erythromycin in baby's eyes _____

Vitamin K injection _____

Placenta being injected with Formalin _____