

Bishop's Score for Induction Success

Source: Modified from Romney S. et al, editors: Gynecology and obstetrics: the health care of women, ed 2, New York, 1981, McGraw-Hill.

Cervix/Baby	Score			
	0	1	2	3
Position	Posterior	Midposition	Anterior	---
Consistency	Firm (nose)	Medium (cheek)	Soft (earlobe)	---
Effacement (%)	0-30	40-50	60-70	>80
Dilation (cm)	Closed	1-2	3-4	>5
Station of the baby	-3	-2	-1	+1, +2

Add 1 for: preeclampsia, each prior vaginal delivery

Subtract 1 for: postdates, 1st pregnancy, premature or prolonged rupture of membranes

Risk of surgical birth (first time mothers): 0-4 = 45-50% | 5-7 = 10% | 8+ = 1.4%

Risk of surgical birth (previous vaginal birth): 0-4 = 7.7% | 5-7 = 3.9% | 8+ = 0.9%

"Thank you for offering suggestions. I trust my body and my baby. If there are any signs of my baby not coping with pregnancy, or when I reach 42 weeks and am overdue, I will be happy to discuss options. For now, I would like to focus on being healthy and patient." *[please feel free to paraphrase]*

B*E*S*T Doula Service (877) 436-8528 www.bestdoulas.com

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